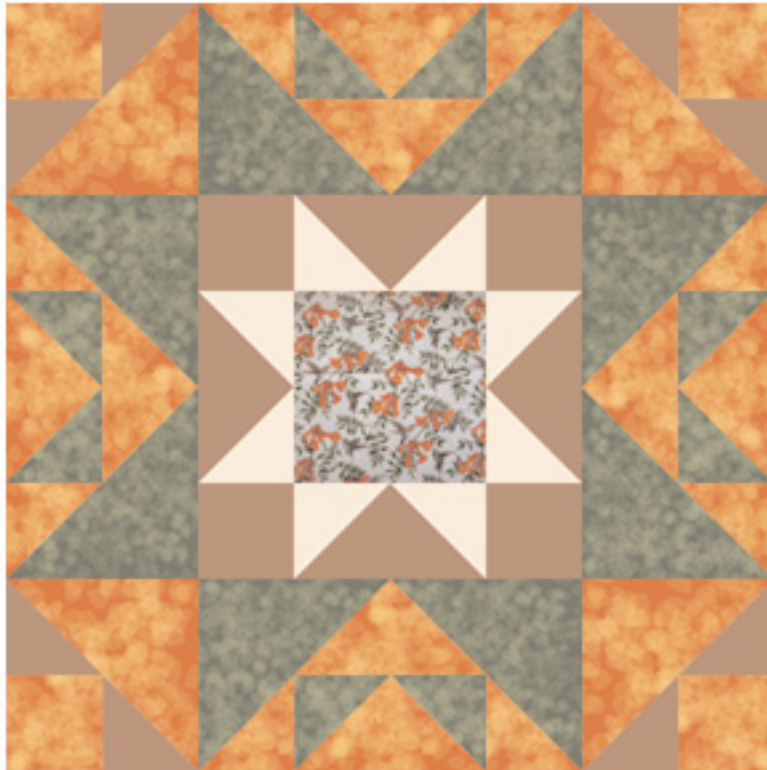


The Eight Hands Around Quilt

(One of many versions)

Will make a lap size quilt of aprox. 48" x 48"



Instructions for assembling
The "Eight Hands Around" Block
One Block Only Beginner Quilting
© 2007 Cat Canyon Graphics

Mini-Blocks Used:

"Flying Geese"
"Spinning Tops"

Refer to page 15 in the
Mini-Block Booklet
for the basic instructions

Materials Needed

Main Print	Center Square	3/8 yard (13 1/2 inches)
Fabric #1	First "eight point star"	1/4 yard (9 inches)
Fabric #2	First "Square"	1/2 yard (18 inches)
Fabric #3	Flying Geese (lg/sm)	1 yard (36 inches)
Fabric #4	"background"	1 yard (36 inches)
Thread to match		1 spool
(white, natural or match #2 fabric)		

Center



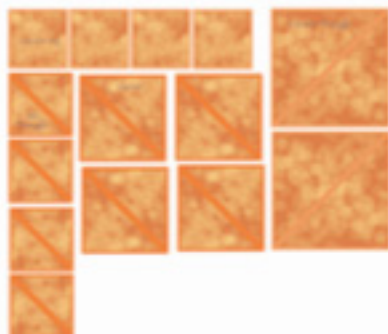
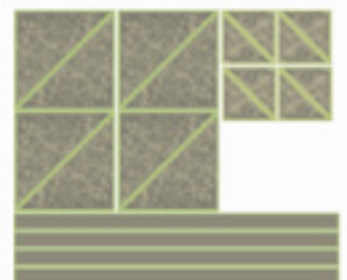
Fabric #1



Fabric #2



Fabric #3



Fabric #4

Backing (42" fabric) 2 yards
Batting (enough for a) 54x54 quilt

Cutting Instructions

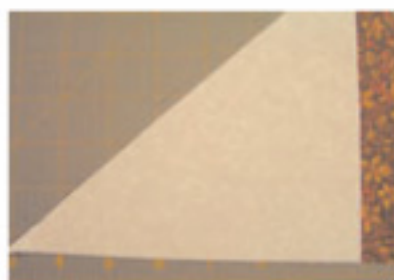
Main Print	Center Square	Cut ONE 12½" square
Fabric #1	First "eight point star"	Cut FOUR 7" squares to be cut diagonally for triangles
Fabric #2	First "Star" Square	Cut TWO 9½" squares to be cut diagonally for triangles Cut FOUR 6.5" squares for corners
Fabric #2	for "Spinning Top"	Cut FOUR 7" squares to be cut diagonally for small triangles
Fabric #3	Flying Geese (lg/sm)	Cut FOUR 13" squares to be cut diagonally for triangles Cut FOUR 7" squares to be cut diagonally for triangles Binding (there's enough to cut 2" to 2¼" strips to use as binding)
Fabric #4	"background"	Cut TWO 13" squares to be cut diagonally for triangles Cut FOUR 9.5" squares to be cut diagonally for triangles Cut FOUR 7" squares to be cut diagonally for triangles Cut FOUR 6.5" squares for corners (or "tails" to the "Spinning Tops")

Sewing Instructions

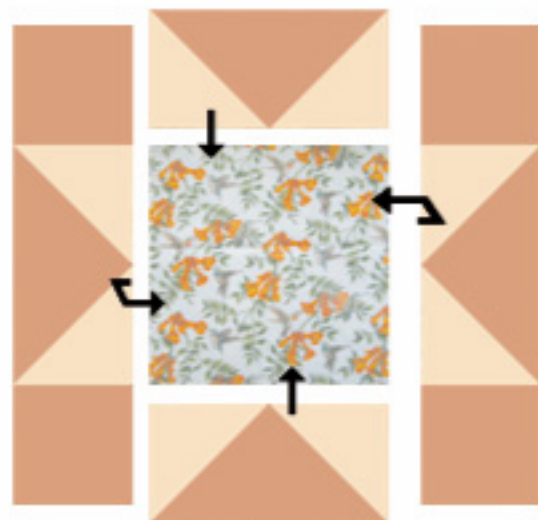
This quilt is assembled from the center square out. What may look a bit complicated, really isn't. Start with the center square and to it add the first "Star" (which is really "flying geese" in disguise).

The First "Star"

Take the four "Fabric #1" triangles and the four "Fabric #2" triangles to make the "Flying Geese" (see page 15 in Mini-Block Instruction Booklet for instructions).



Tip: When lining up the small triangle with the larger triangle in the "Flying Goose", always line up the bottom of the triangle to the bottom of the large triangle. This allows the seam allowance on the point end to be at least ¼ inch.



Once made, you have four "Flying Geese" mini-blocks. You will now sew two blocks ↑ to opposite ends of the Center Square.

Press all seams to the Center Square.

The other two "geese" blocks will have a square sewn to each end of "goose" to make a long rectangle. You will sew these two strips to the Center Square "rectangle"—carefully ⚡ making sure the seams match. Press and set aside while you make the next sections.



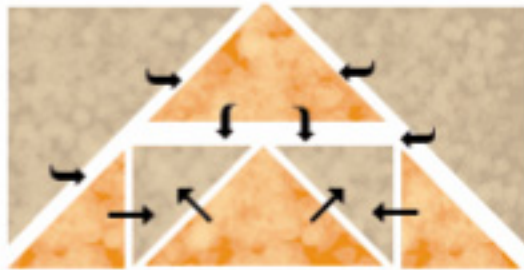
Finished Square ⚡



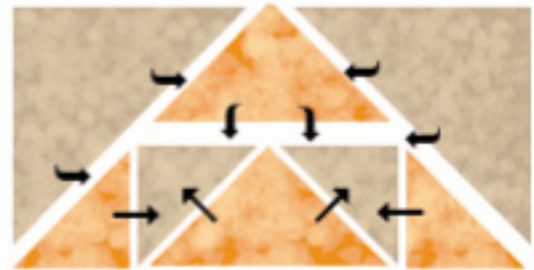
Eight Hands Around 2

Continued on the next page...

The Flying Geese (Large & Small)

This block is a flying goose within another goose block. Start with the smallest "Flying Goose," following instruction on page 15, make four "geese", press toward dark fabric. See Illustration . Then add a triangle to each end to make the lower half of the larger triangle. After assembling this part, add the upper part (the medium size triangle) to the lower piece.

Finally, add the large triangles to finish the "Flying Goose" block. Make four of these blocks.



The Spinning Top

Refer to the instructions on pages 15 & 16 of the Mini-block booklet for the Spinning Top directions. Sew the triangles to the square. Sew the larger triangle to the combination triangle. Make four.

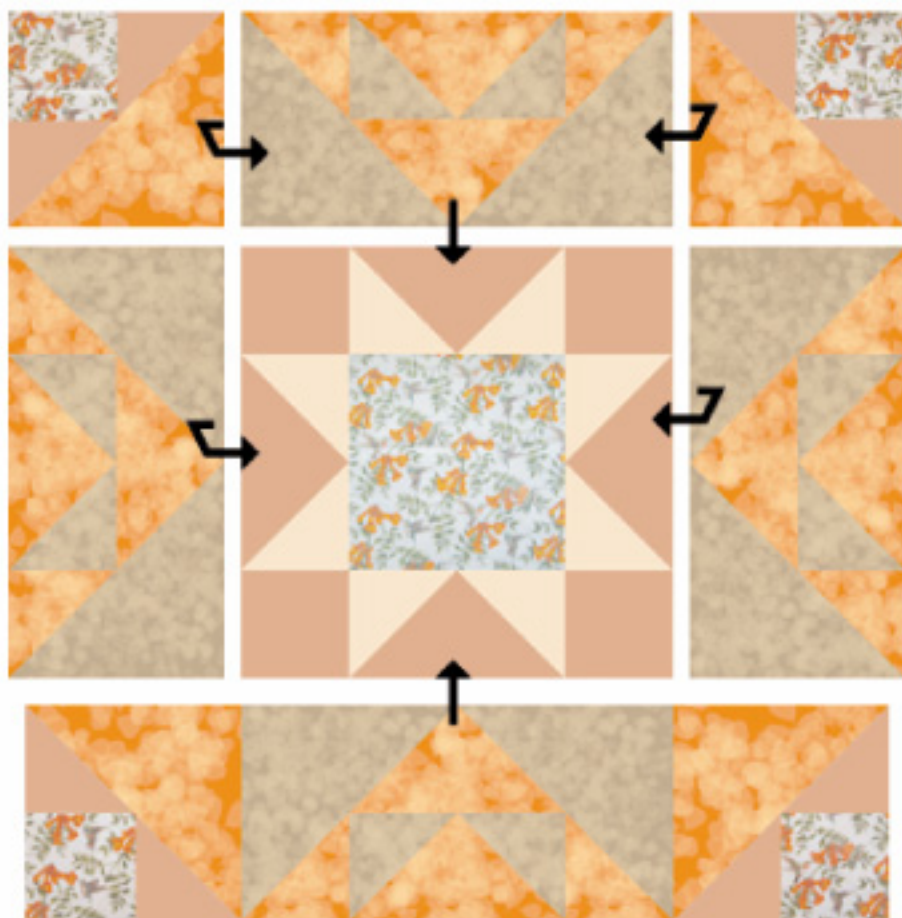
Finishing the Top

With the Center Star Square finished, this pattern becomes a Nine-Patch. It is still considered a Nine-Patch although the pieces are not evenly-sized blocks.

(See the illustration at right for the layout of the blocks. Lay out your blocks to match as you work on the quilt.)

To the Center Star Square, sew a "Large and Small Flying Geese" Block to opposite sides of the square (\curvearrowright). Press seams toward the center square.

Sew a Spinning Top to each end of the remaining "Goose" Block ($\curvearrowright+\curvearrowleft$).



Carefully match the seams throughout this assembly. The first row and third row are basically the same. Once you have them sewn together and pressed you may begin the final assembly.

Sew the three rows together, then press the seams toward the center.

Now you are ready to add batting and the back to finish the quilt. You could tie it, hand quilt it or machine quilt it.